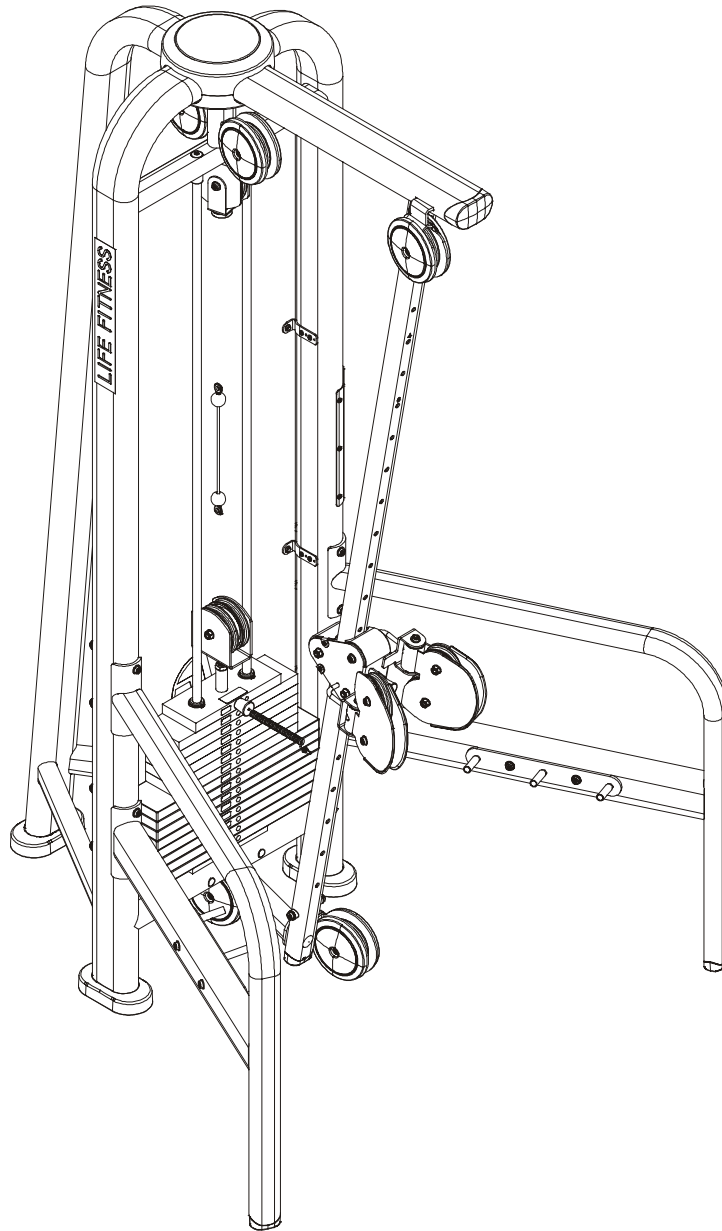


Life Fitness

CABLE MOTION CABLE-CROSSOVER



Customer Support Services ***PARTS MANUAL***

CMCC - CABLE MOTION CABLE-CROSSOVER

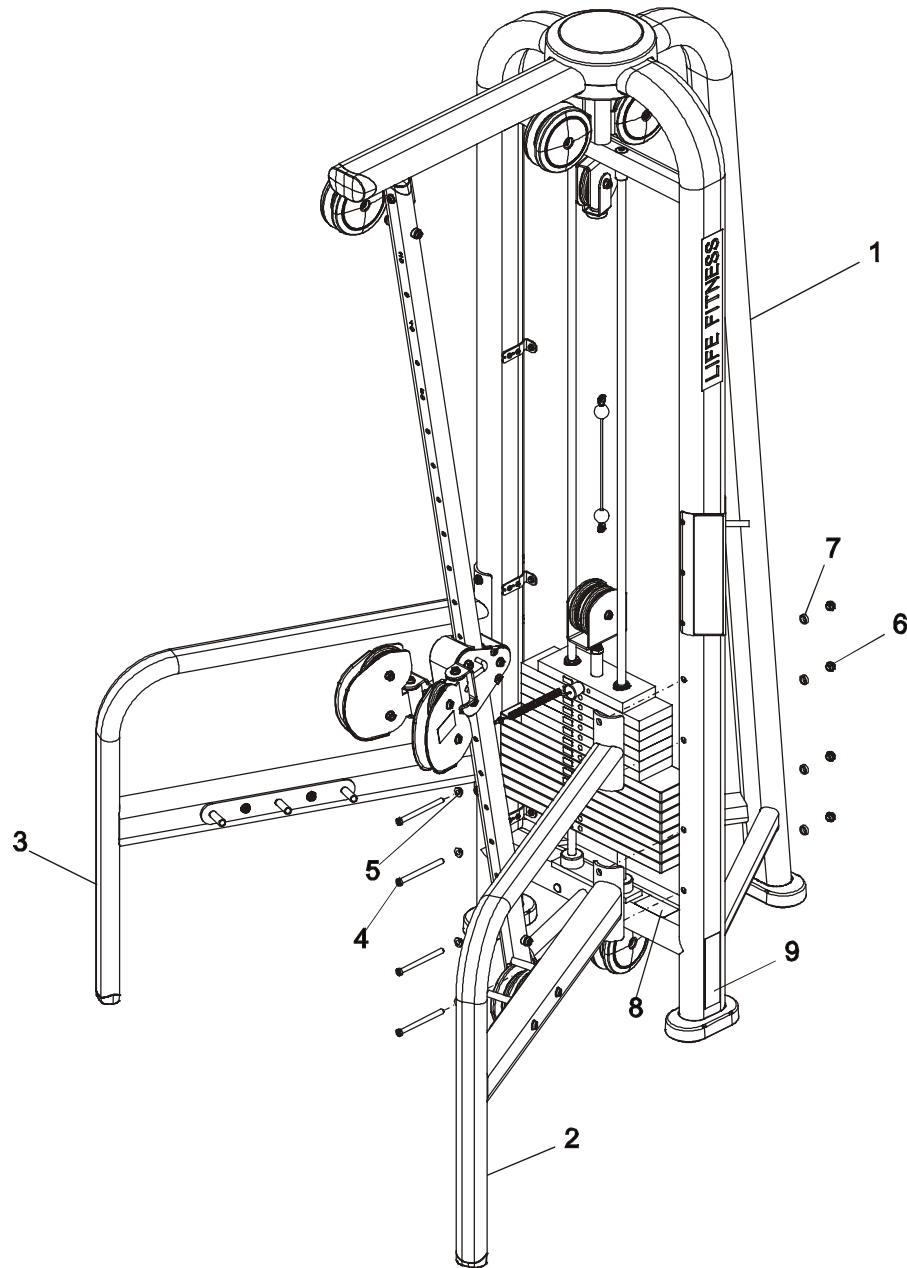
Notes:

CMCC - CABLE MOTION CABLE-CROSSOVER

Contents

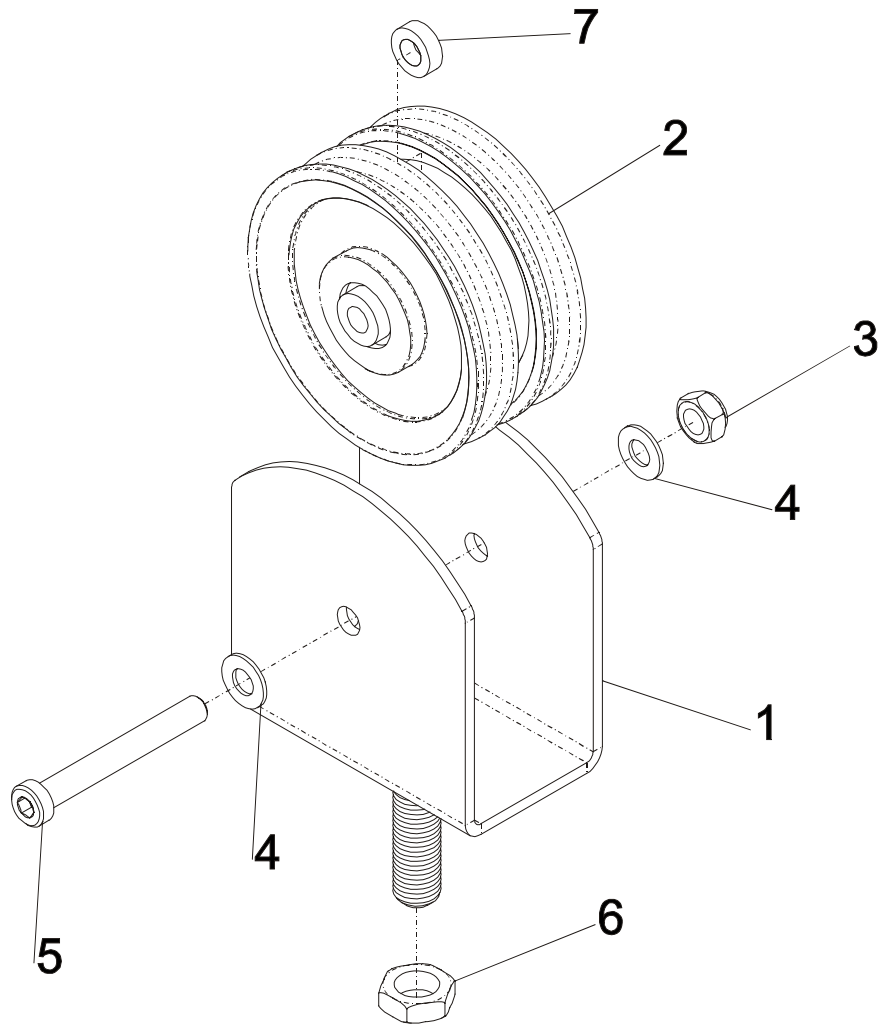
	PAGE
COMPONENT ASSEMBLY	4
STACK PULLEY ASSEMBLY	5
RH OUTRIGGER.....	6
LH OUTRIGGER.....	7
FRAME ASSEMBLY	8
FRAME ASSEMBLY CALLOUTS.....	9
CARRIAGE ASSEMBLY.....	10
WEIGHT STACK ASSEMBLY	11
NOTES	12

CMCC - CABLE MOTION CABLE-CROSSOVER COMPONENT ASSEMBLY



Item	Part No	Quantity	Description
1	See details	1	ASSY, CMCC FRAME
2	7751101	1	ASSY, CMCC RH OUTRIGGER
3	7751201	1	ASSY, CMCC LH OUTRIGGER
4	3236220	8	M10 X 1.5 X 130 HXS SOC CS SS
5	7630101	8	RETAINER, CM/MJ, PULLEY
6	7335401	8	NUT, SOCKET HEAD M10 X 1.5 SS
7	7634701	8	SPACER, CM/MJ, .565 X .815

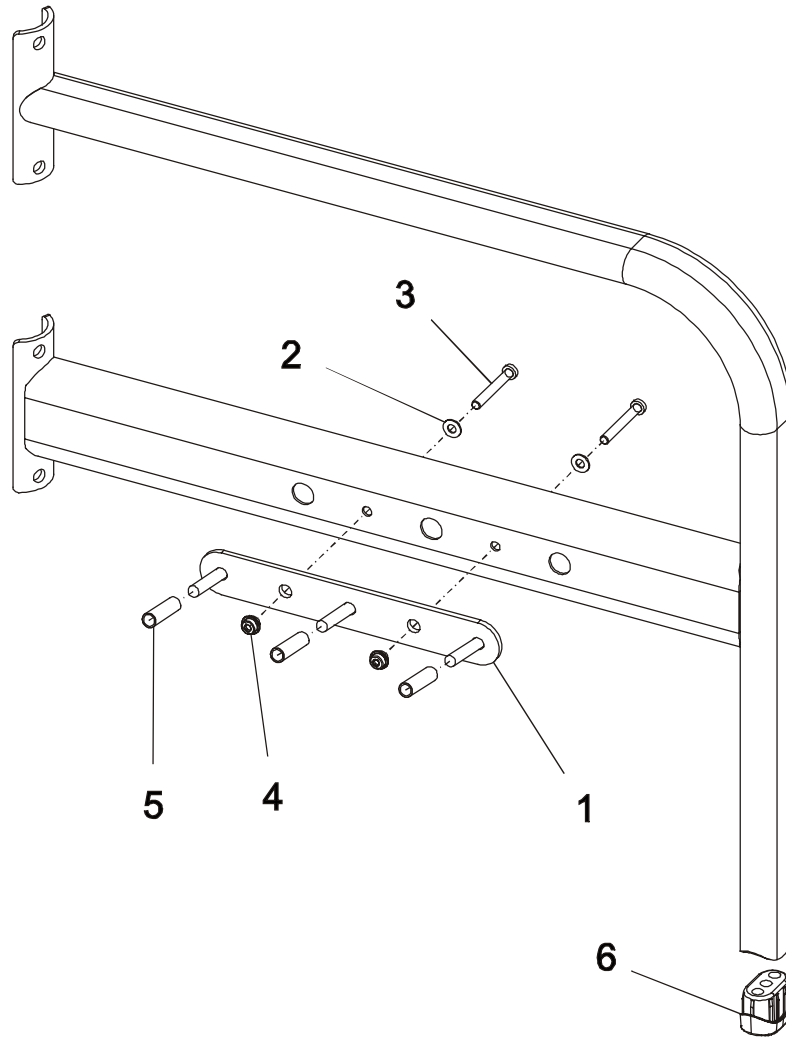
CMCC - CABLE MOTION CABLE-CROSSOVER STACK PULLEY ASSEMBLY



Item	Part No	Quantity	Description
1	7644095	1	WLDMT, HEAD PLATE DBL PULLEY SHDW GRAY
2	3237801	2	PULLEY, 4.5" OD
3	3236801	1	NUT, NYLOCK M10 X 1.5 SS
4	3236601	2	WASHER, 3/8 SAE STAINLESS STEEL
5	3236213	1	M10 X 1.5 X 80 HXS SOC CS SS
6	3236902	1	NUT, HEX JAM M16 X 2 SS
7	7385201	1	SPACER, .406 X .750 X .250 SS

CMCC - CABLE MOTION CABLE-CROSSOVER

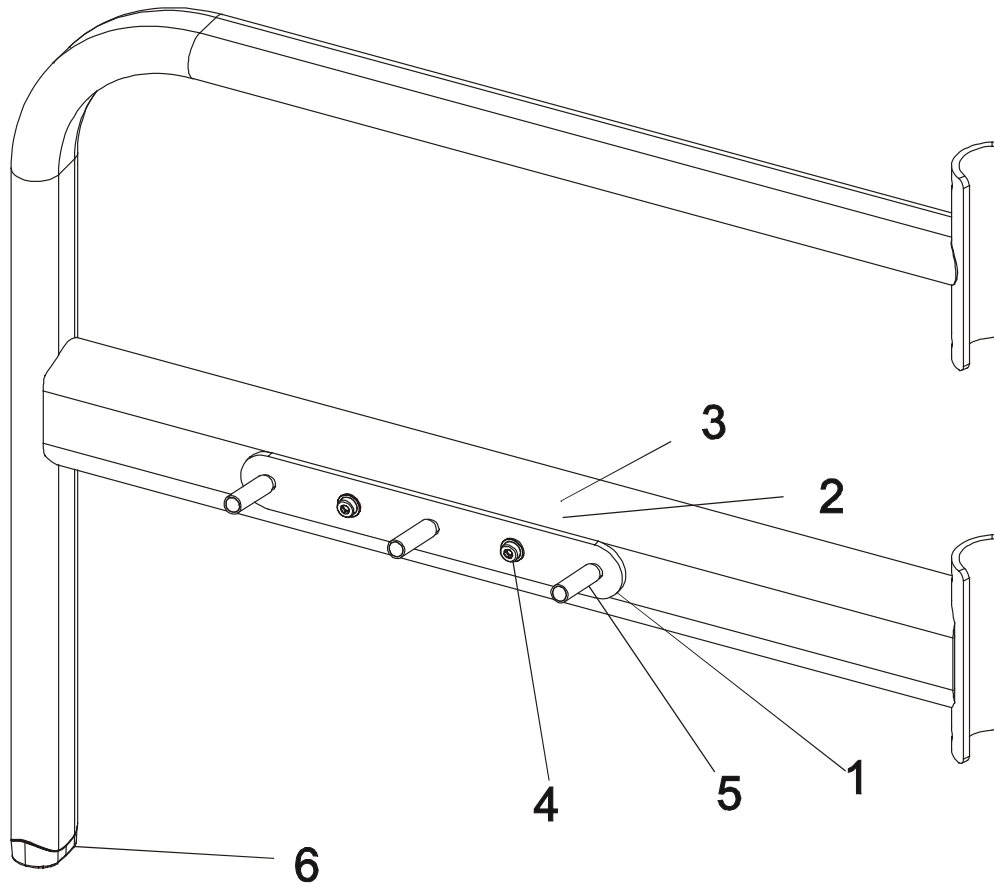
RH OUTRIGGER



Item	Part No	Qty	Description
1	7644895	1	WLDMT, CM ACC RACK SHADOW GRAY
2	3236601	2	WASHER, 3/8 SAE STAINLESS STEEL
3	3236212	2	M10 X 1.5 X 75 HXS SOC CS SS
4	7335401	2	NUT, SOCKET HEAD M10 X 1.5 SS
5	7749601	3	SLEEVE, .50" ID X 2.25"
6	7317901	1	STOP, BUMPER

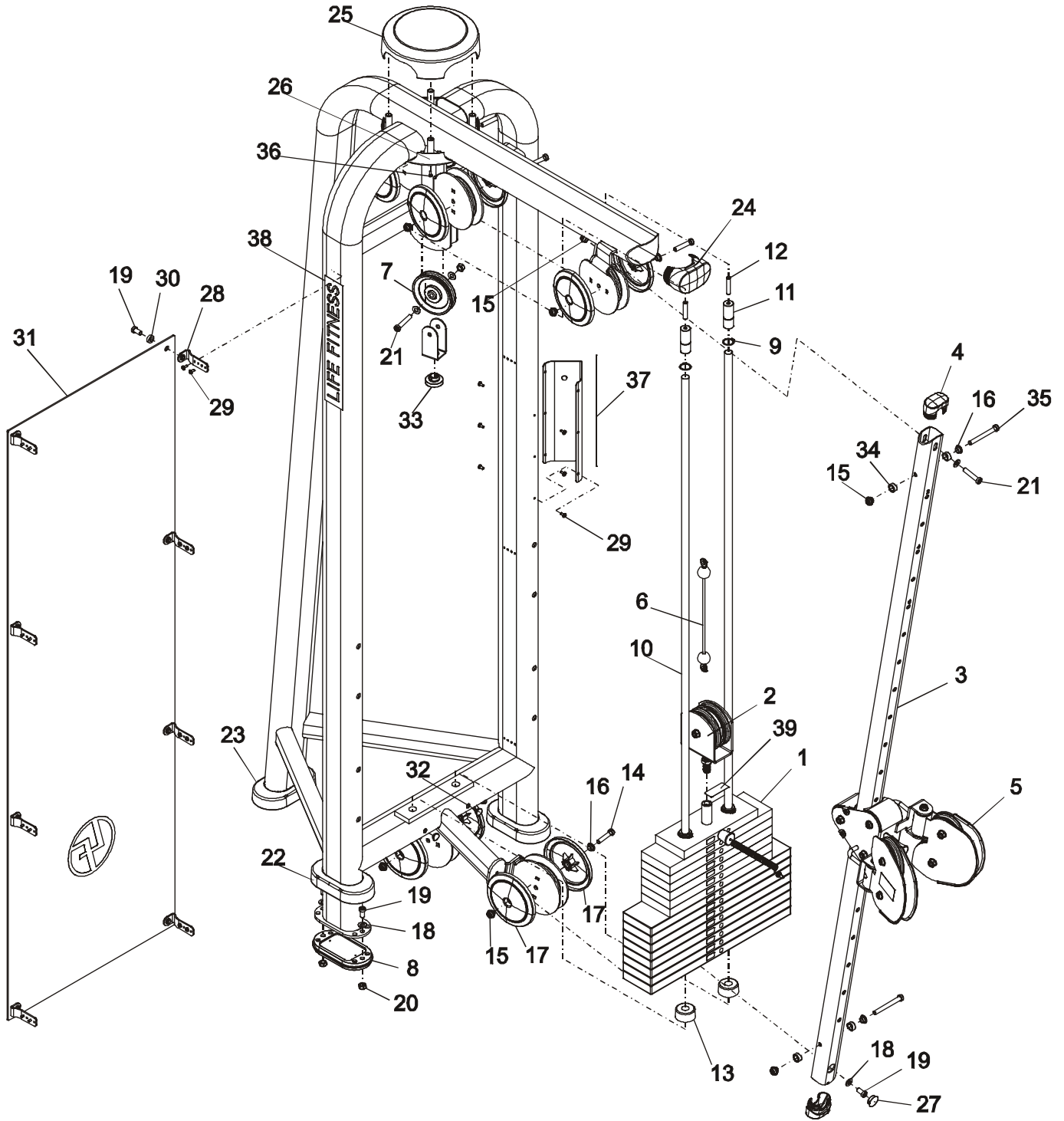
CMCC - CABLE MOTION CABLE-CROSSOVER

LH OUTRIGGER



Item	Part No	Qty	Description
1	7644895	1	WLDMT, CM ACC RACK SHADOW GRAY
2	3236601	2	WASHER, 3/8 SAE STAINLESS STEEL – not shown
3	3236212	2	M10 X 1.5 X 75 HXS SOC CS SS - not shown
4	7335401	2	NUT, SOCKET HEAD M10 X 1.5 SS
5	7749601	3	SLEEVE, .50" ID X 2.25"
6	7317901	1	STOP, BUMPER

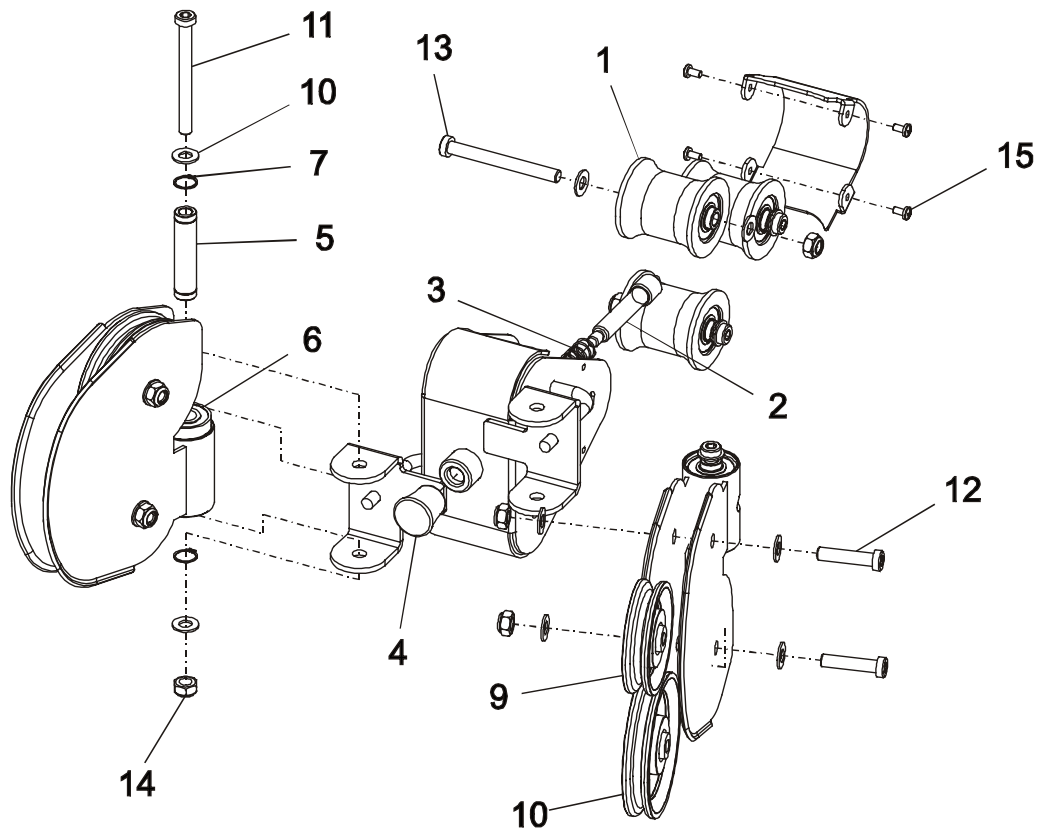
CMCC - CABLE MOTION CABLE-CROSSOVER FRAME ASSEMBLY



CMCC - CABLE MOTION CABLE-CROSSOVER FRAME ASSEMBLY CALLOUTS

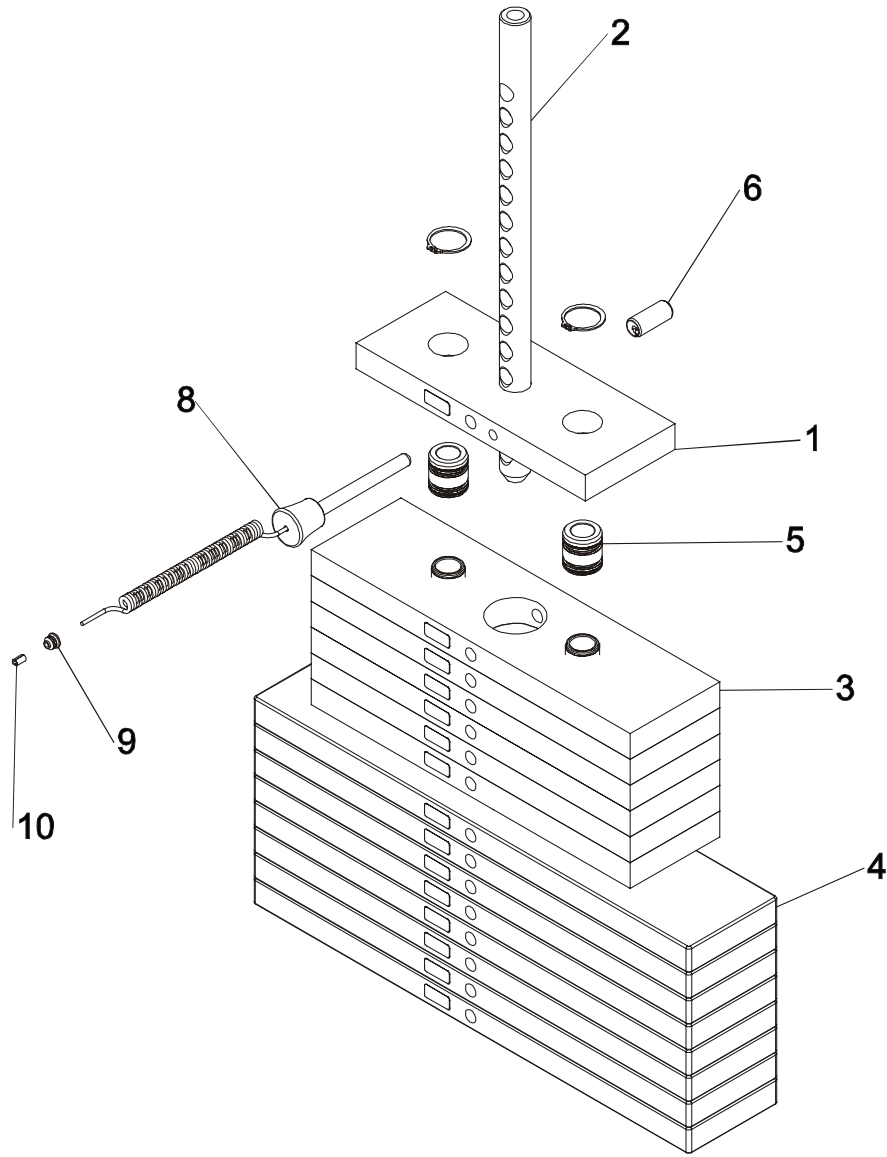
Item	Part No	Qty	Description
1	7640201	1	ASSY, 260 LB STACK
2	7750701	1	ASSY, CMDAP STACK PULLEYS
3	7645301	1	TUBE, CMCC ADJ COLUMN
4	7333801	2	CAP, SMALL FLOV-END
5	7751301	1	ASSY, CMCC CARRIAGE
6	7645801	1	CABLE, CMCC X 448
7	3237801	6	PULLEY, 4.5" OD
8	7334001	3	FOOT, 2.50 X 4.49 FLOV
9	3232421	2	RING:BRE .940 5100-100 ST PP B
10	7328618	2	GUIDE ROD, .75 OD SOLID X 71.63
11	7634401	2	RETAINER, CM/MJ, GUIDE ROD
12	3240502	2	M10 X 1.5 X 50 HXS NO CUP ST BO
13	7352101	2	CUSHION, WEIGHT STACK
14	3236207	6	M10 X 1.5 X 50 HXS SOC CS SS
15	7335401	8	NUT, SOCKET HEAD M10 X 1.5 SS
16	7630101	7	RETAINER, CM/MJ, PULLEY
17	7629901	10	COVER, PULLEY-BOLTED FULL
18	3236601	10	WASHER, 3/8 SAE STAINLESS STEEL
19	3236201	11	M10 X 1.5 X 20 HXS SOC CS SS
20	3236801	7	NUT, NYLOCK M10 X 1.5 SS
21	3236209	1	M10 X 1.5 X 60 HXS SOC CS SS
22	7340201	2	COVER, FOOT-STRAIGHT
23	7419701	1	COVER FOOT 10 DEG
24	7333901	1	CAP, LARGE FLOV-END
25	7629201	1	COVER, CENTER TOP
26	7629801	2	COVER, CENTER BOTTOM
27	3237403	1	PLUG, 1" HOLE
28	7642095	8	BRKT, CM/MJ, REAR SHROUD SG
29	3239101	22	SCREW, M5 X .8 X 10 PHL PAN TT ST BZ
30	7385201	8	SPACER, .406 X .750 X .250 SS
31	7642101	1	SHIELD, CM/MJ REAR
32	7646801	4	PLUG, CURVED HOLE
33	7642301	1	BUMPER, CM/MJ, PLUG
34	7645501	4	SPACER, CM/MJ, SM FLOV CONCAVE
35	3236215	2	M10 X 1.5 X 90 HXS SOC CS SS
36	3236501	4	M4 X 0.7 PHIL PAN MS ST ZN
37	7752801	1	LABEL, PLACARD CMCC
38	7348001	2	LABEL, LIFE FIT 2-1/2 X 15 BLK
39	7744501	1	LABEL, WEIGHT AT HANDLE

CMCC - CABLE MOTION CABLE-CROSSOVER CARRIAGE ASSEMBLY



Item	Part No	Qty	Description
1	7637901	3	ASSY, ROLLER-CONCAVE
2	7425103	1	PIN, PULL X 4.250
3	7351501	1	SPRING; PULL PIN LARGE
4	7351401	1	KNOB, TULIP STYLE
5	7645401	2	SHAFT, CM/MJ, 6203 BRNG
6	3245901	4	BEARING, 6203
7	3232413	4	RNG, BRE .631,5100-66,ST,PP,B
8	3237801	2	PULLEY, 4.5" OD
9	3245701	2	PULLEY, 3.5" OD SG
10	3236601	18	WASHER,3/8 SAE STAINLESS STEEL
11	3236217	2	M10 X 1.5 X 100 HXS SOC CS SS
12	3236206	4	M10 X 1.5 X 45 HXS SOC CS SS
13	3236216	3	M10 X 1.5 X 95 HXS SOC CS SS
14	3236801	9	NUT, NYLOCK M10 X 1.5 SS
15	3239101	4	SCREW,M5 X .8 X 10 PHL PAN TT ST BZ

CMCC - CABLE MOTION CABLE-CROSSOVER WEIGHT STACK ASSEMBLY



Item	Part No	Qty	Description
1	7353901	1	HEADPLATE, WT STACK
2	7352601	1	BAYONET, 14 HOLE PRO2
3	7353801	6	WEIGHT PLATE, 15 LB
4	7328401	8	WEIGHT PLATE, 20 LB
5	7338001	2	BUSHING, HEADPLATE
6	3236001	1	BUSHING, SPRING PIN
8	7353001	1	ASSY, SELECTOR PIN
9	7356501	1	PLUG, LANYARD ATTACHMENT
10	7523601	1	CRIMP, CABLE

CMCC - CABLE MOTION CABLE-CROSSOVER

NOTES:
